

## Hot Tips for Dating

### 1. What is the Goal of Dating?

It is a way of getting to know the opposite gender and finding out what qualities you would like in a spouse. Fun.

Expect to fall in love several times during your teenage years.

### 2. Do not date if you want someone to counsel you or to make you feel better about life. Hurting people hurt people

To enjoy dating and to give you a better chance at finding a suitable spouse deal with your own issues first.

- (a) Deal with your own hang ups or low self esteem.
- (b) Deal with wrong attitudes to your parents.
- (c) Deal with previous relationships (soul ties).
- (d) Be happy with who God has made you.

Do not expect your girlfriend/ boyfriend to be your counsellor. Get help from a Youth Group leader or someone else (the Church has a counsellor).

The key word for all dating is this: R.E.S.P.E.C.T.

Always respect the other person so that if the relationship doesn't continue there are no hurts and you remain friends. If the other person is a Christian, God lives in them.

### **Amos 3:3 – How can two people work together unless they are agreed?**

For there to be any long term possibilities for the relationship you need to have similar beliefs and goals. For example:

My future spouse needs to be:

- 1.
- 2.
- 3.
- 4.
- 5.

2 Corinthians 6:14

**Boundaries:**

Irrespective of whether you are 15 or 50 years old you need to stick to these. They come under the category of RESPECT for God and each other plus slow down the relationship so things do not go too far too soon and the relationship can be ended without hurt if you are not suited. The Bible says do not have even a hint of immorality (meaning live above suspicion so that no one can discredit you or Christ by making up a story about you).

1. Never enter the other person's house when other adults are not present.
2. Never meet behind closed doors.
3. Never kiss lying down.
4. Never put your hands in places where togs usually cover.
5. Never have pre-marital sex.

Sociologists have proven that the best sex in marriage comes from when two people feel secure with each other (trust/marriage) and only have one partner in mind and body for life.

**Hot Tips for Dating:**

1. Mix in places where you are likely to find someone going in the same direction as you such as combined youth group events, church, Easter camps, Christian courses/events.
2. Take it slowly. A good tip is to limit the amount of time you spend on the phone or on facebook so that, you still have a life, achieve at college, and get enough sleep etc, while never getting bored with each other. Too much time on the phone/facebook opens you up to the opportunity to say or do something stupid or to be misinterpreted. Bored people create dramas.
3. Only date / try to impress one person at a time. It is disrespectful to flirt with a number of people at once and can cause real hurt to someone that God has made.
4. Pray for your date. This keeps your mind and heart open to what the Holy Spirit is saying to you about the relationship.
5. Never share your deep feelings with anyone of the opposite gender except the person you are dating (soul ties).
6. Never pass messages onto each other through a third person or believe things passed on to you second hand.

7. Find out what each other's love language is and learn to serve the person you are dating.
8. Never assume that your date knows what you want or need. You have to ask them always. Only God can read your mind.
9. Learn good negotiation skills. Both men and women are equals in God's eyes and if you don't have an equal say in decisions you will feel used!

#### **Hot Tips for Guys:**

1. Become a skilled listener (most important). A butt-ugly guy can win the love of a gorgeous girl if he is a good listener. Most girls are drawn to guys that give them quality focused time.
2. If you are dating a girl train your mind to think only of her. Don't let your eyes wander.
3. Avoid all pornography at all costs as it will reduce your ability to treat a girl respectfully and will damage your future marriage.
4. Don't tease a girl.
5. Never comment on your girlfriend's weight or looks unless it's positive.
6. Girls are emotionally and relationally wired people and your angry voice or words will do much more damage than you can ever imagine.
7. Most teenage girls go through a huge range of emotions in one day. She just needs you to listen and to be the rock for her. Keep emotionally calm yourself.
8. Girls like surprises. A gift. A surprise date.

#### **Hot Tips for Girls:**

1. Guys are not attracted to make-up, they are attracted to confidence.
2. Guys love to have their competency affirmed. For example: "Wow.... You are so good at fixing that...." If you compliment him in front of his friends he will be so pleased.
3. Guys freak out a bit when a girl gets really emotional.

4. Don't stress out over what your guy might be thinking or feeling. In reality most of the time men are feeling 'nothing' and may at times be in actual fact thinking nothing as well (a clever man skill).
5. Guys will often say they love you when in fact they want to achieve a physical goal in your relationship. Be careful.
6. Men like to be asked several times to do something so don't get upset if he doesn't jump to do something for you after only one request.